

DELICATE LASER & SKINCARE
LASER HAIR REDUCTION PRE-TREATMENT INFORMATION/ INSTRUCTIONS

PRE-TREATMENT PRECAUTIONS:

- It is important that the area being treated should **NOT** be exposed to direct sunlight. A broad-spectrum (UVA/UVB) sunscreen of SPF 30 or higher should be applied to the area being treated and reapplied every 2 hours and should be continuous for up to 6 weeks post your last appointment, hyperpigmentation or hypopigmentation can occur if the area that will be treated has been in contact with direct sunlight without SPF 30 or higher.
- **DO NOT** use *Retin- A* or *Renova* one week prior to your appointment.
- **DO NOT** take Accutane for 6 months prior to your laser appointment.
- **DO NOT** pluck, tweeze, thread, wax, or use a depilatory agent for 3 weeks prior to treatment.
- The area being treated should be shaved 24- 48 hours prior to your appointment, stubble is needed to visualize progression. If you have thicker hair growth it is important to shave the day off as well.

****Technicians will not accommodate to shaving for you during your appointment, unless it is a patch test****

- **DO NOT** wear the following the day of an appointment: makeup, lotion, deodorant, perfumes, or any sort of powder on the areas being treated as it may cause irritation.
- Jewelry of all kinds such as earrings, necklaces, bracelets, rings, etc must be removed to avoid risk of an accidental reflection of the laser.
- Please avoid wearing tight fitted undergarments following a bikini/ brazilian appointment to prevent chafing irritation for up to 3 to 5 days.
- If you have a history of oral herpes (fever blisters) and are getting a treatment near the area of exposure you will need to have your physician prescribe suppressive therapy and take as directed.
- If you have sun tan, or are sunburned, or have used any sort of self- tanning we are unable to provide laser services as it may result in hyperpigmentation or hypopigmentation as well as burning.